Tools to help with vision, hearing, mobility and communication

# Aids for Better Living



Technology for Independence

### **About Aids for Better Living**

The Washington Assistive Technology Act Program (WATAP) provides practical and comprehensive Assistive Technology solutions to foster independence to Washington residents of all ages with any disability. The purpose of this small collection of aids for daily living is to provide the opportunity to try out assistive devices and get you thinking about how assistive devices may promote greater independence.

**THIS CATALOG** displays a selection of devices that may be useful in helping accomplish a variety of daily tasks. Most of these items are designed to help individuals with low vision, limited mobility or hearing loss. The assistive devices in the catalog are organized into the following functional needs categories: dressing, kitchen tasks, household management, reading and writing, leisure, communication, and computer access. You can browse the devices using this printed catalog. To borrow a device, place a hold at your local library branch or via your library systems' website using your library card.

If you have any questions or would like more information about these and other devices call the **Washington Assistive Technology Act Program** at:

#### 1-800-214-8731

or visit our website at: http://watap.org

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# DRESSING KIT



### DRESSING KIT

### Sock Aid

Designed for any size foot, the wide top and side extensions hold the sock open and in place until the sock is completely over the foot and up the calf. Helpful for people who have difficulties bending at the waist.

#### **Dressing Stick**

Useful for putting on all types of clothing, the long handle decreases the need for bending, making it ideal for anyone who has limited reach, arthritis or a broken hip.

### **Extended Shoe Horn**

This shoe horn allows a person to put on or remove shoes without bending over. Useful for people with limited range of motion, arthritis or replaced hips.

### **KITCHEN**

### **Jug/Kettle Tipper**

Lightweight holder allows easy tipping and pouring of hot and cold liquids from a variety of containers. Elastic strap with hook-and-loop fastener secures the container. Useful for people with limited hand dexterity or decreased grip strength.





### MaddaGripper Opener

Soft shape conforms to almost any size jar caps, tops and lids, gripping them for easier opening. Useful for people with arthritis, decreased hand strength or dexterity.

### **KITCHEN**



#### **Utensil Holder**

Silverware, toothbrush, comb, or small brush are held securely in a pocket on a solid base, while a Velcro strap fastens around the hand. Ideal for people with limited hand function.



#### **Intelavoice Dimmer**

A stand alone unit that can control most types of lights. Installation is as simple as plugging it into a standard outlet and then plugging the item to be controlled into the dimmer switch. Easy to operate the unit by saying the words "On", "Low", "Medium", "High" or "Off" to control the lights in your home.

### HandyBar Vehicle Support Handle

This device creates a safe support handle for use

in getting in and out of a vehicle. Useful for people who need mobility assistance, including those recovering from surgery and individuals with back or leg problems.



### **Talking Rx**

The Talking Rx is a reusable digital 60 second recording and talking device that fits on the bottom of most prescription bottles. Can work with insulin or eye drops. Ideal for the blind and vision impaired.



#### Reachers

This reaching and lifting tool is made up of a long rod with a "grabber" at one end and a control at the other. Reachers allow individuals with mobility impairments or limited range of motion to pick up items that are out of their range. They are useful for picking up small items from high or low shelves or from the ground.





### **Ameriphone Amplified Photo Phone**

This phone has large print, high contrast buttons for easy dialing. Also provides 9 programmable photo-dial memory buttons to assist callers who have difficulty remembering numbers and words. Also provides up to 18 decibels of amplification and is compatible with hearing aids.

#### **In-line Amplifier**

Compatible with analog phone lines. Volume adjustable up to 30 decibels. Separate tone control improves the clarity of the incoming voice. Pushing the Boost button reduces background noise and provides an additional 10 decibels of amplification. Runs on 9 volt battery. Portable for use anywhere. Useful for some people with hearing impairments.

### **Direct Ear Television Listening System**



Connects to the audio output jack on your TV, VCR, DVD, radio or music system. Allows individuals with hearing impairments to control the volume separately from other people listening to the same TV or music system.



### **MAGNIFIER KIT**



#### **Tilt Stand Magnifier**

This 3x magnifier provides hands-free viewing for people with low vision. It is positioned in a stand that tilts back and forth for distortion free magnification on a variety of surfaces and angles.

#### **Illuminated Pocket Magnifier**

Compact 3X magnifier that shines light on the area magnified. Very useful for quick magnification needs, such as reading information at the grocery store, bank, etc. The magnifier fits nicely into your pocket for easy access.

### **READING & WRITING**

#### **Book/ Magazine Stand**

Holds almost any size reading material open and at the correct angle for reading. Useful for people with decreased upper extremity strength or tremors.





### Lap Desk

A lightweight portable desk for individuals who have difficulty sitting at a desk. The firm, steady work surface has a padded cushion that conforms to the shape of your lap.

### COMMUNICATION



### **Pocket Talker Pro**

Amplifies sounds and voices in your immediate environment when you direct the microphone toward the sounds you wish to hear. Pocket Talker can be used by individuals who have hearing impairments to communicate with other individuals or for listening to TV, radio, etc.

### COMMUNICATION



### **Go Talk Pocket**

This portable six cell communication device allows caregivers, friends, or family to record up to 30 different messages of 12 seconds to 1 minute each. The messages are spoken when the user touches the cell. Allows people who have difficulty speaking and communicating basic messages.

### PLAYING CARDS KIT



#### **Jumbo Playing Cards**

Card faces are imprinted with enlarged, easy to see suits, numbers and letters. Standard size deck with 52 plastic coated cards.

#### **Playing Card Holder**

The foam holder allows a full spread view of the cards while holding them steady. It is easy to remove and add cards to the holder. The holder is useful for people with limited grip strength, decreased pinch grasp, or stiff fingers and hands.

### LEISURE



#### **Clamp-It Holder**

Designed to clamp an item in a fixed position. Works for knitting needles, crochet hook, toothbrush, magnifier, etc. Clamp bar may be used horizontally or vertically. Mounted on 4 suction cups.

### MOUSING KIT



### **Kensington Expert Trackball**

Trackball with programmable buttons that provides an easy-to-use alternative to a standard mouse.

#### **Smart Cat TouchPad**

Easy-to-use pointing device; typically used as an alternative mouse. Fingertip can be used to control mouse movements and clicks.

### **KEYBOARDS**



### **Big Keys Keyboard**

Large print on keys may be useful for low vision users. Also, keys are large to accommodate large fingers and individuals who require larger key targets due to limited coordination.

### Mini Thin Keyboard

Compact keyboard similar in size and feel to a laptop keyboard. Keys have low profile and less space in between, reducing finger movements for keyboarding. Excellent for those with limited range of motion.



### VENDORS

The list of vendors below is intended to provide information as to where items can be purchased. The list does not endorse specific vendors and is by no means comprehensive.

Boundless AT 7490 SW Bridgeport Road Portland, OR 97224 888-606-8551 sales@boundlessat.com http://www.boundlessat.com

#### EnableMart

5353 South 960 East, Suite 200 Salt Lake City, UT 84117 888-640-1999 866-487-0410 Fax http://www.enablemart.com

#### **Patterson Medical**

1000 Remmington Blvd, Suite 210 Boilington, IL 60440 800-323-5547 800-547-4333 Fax CustomerSupport@Patterson-Medical.com http://www.pattersonmedical.com

### VENDORS

Maxi-Aids, Inc. 42 Executive Blvd., Farmingdale, NY 11735 800-522-6294 631-752-0689 Fax http://www.maxiaids.com

#### SightConnection

9709 Third Ave NE #100 Seattle, WA 98115-2027 800-458-4888 206-525-0422 Fax http://www.sightconnection.com

#### Maddak Inc.

6 Industrial Road Pequannock, NJ 07440 800-443-4926 973-305-0841 Fax custservice@maddak.com http://www.maddak.com